## **Elevate Your Wellness & Comfort**

# WITH NIRVANA™ SWEDISH AIR MASSAGE & HEATWAVE™ FULL-BODY FAR INFRARED THERAPY

BY GOLDEN



### What is Nirvana Swedish Air Massage?

Nirvana delivers a gentle, full-body soft tissue Swedish massage with ten air chambers that target over 500 square inches of your body. It features separate massage and heat controls for your lumbar, glutes, and hamstrings plus two modes for soothing or stretching massage, allowing you to adjust and customize your comfort level for total mind and body wellness.

#### What is HeatWave Technology?

This innovative technology uses invisible Far Infrared light waves to deliver therapeutic warmth from your shoulders to your feet, that penetrates up to three inches into body tissue. It can help reduce inflammation, relieve joint pain, alleviate muscle tension, improve circulation, and support injury recovery, all without harmful Ultraviolet light waves.

### Healthy Benefits of Nirvana Swedish Air Massage with HeatWave Technology

The soothing Swedish massage and deep penetrating Far Infrared heat work together to relax and elongate muscles, relieving stiffness that can result from prolonged sitting. This combination of therapies will transport your mind and body into a state of bliss, restoring your body from the inside out. Using Nirvana and HeatWave Technologies together promotes deeper relaxation, a more restful sleep, and helps the body to have a calmer response to stress throughout your busy days.



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